



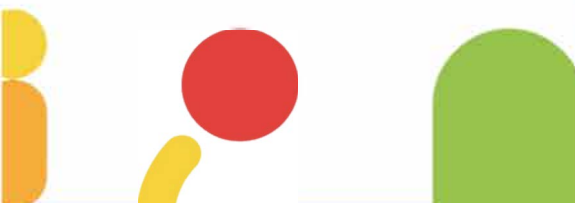
INFO SHEET: CANNABIS USE & YOUNG PEOPLE

SERVICES TO SUPPORT YOUNG PEOPLE & FAMILIES



community drug
action team

We're Stronger Together



2CONNECT'S READY DRUG & ALCOHOL COUNSELLING & TREATMENT SERVICES.

2Connect Youth & Community has been providing support for young people aged 10-25 with alcohol & other drug concerns, in the South East Sydney region, for over 20 years. This includes counselling, case management & outreach meetings in schools & the community.

Ph. 9556 1769

ST GEORGE DRUG & ALCOHOL COUNSELLING SERVICE THROUGH LOCAL HEALTH DISTRICT

This service provides counselling and treatment services for people aged 18+ who are experiencing problems related to the use of alcohol and other drugs. Referrals can be made on:

Ph. 9113 2944

ALCOHOL DRUG FOUNDATION'S DRUG INFO & ADVICE LINE

Confidential and non-judgemental information or advice for anyone. 9am -5pm Ph. 1300 85 85 84

NATIONAL ALCOHOL & OTHER DRUG HOTLINE- (24HRS)

Confidential and non-judgemental telephone counselling, information and referral service for anyone seeking help for their own or another person's alcohol or drug use.

Ph. 1800 250 015

HEALTH INFORMATION ABOUT CANNABIS

Cannabis Effects, Facts, Withdrawal symptoms:

<https://yourroom.health.nsw.gov.au/a-z-of-drugs/Pages/cannabis.aspx>

Effects, reducing harm:

<https://adf.org.au/drug-facts/cannabis/>

Cannabis fact sheet for teachers

<https://positivechoices.org.au/teachers/cannabis-factsheet>

Evidence based Cannabis education programs

<https://positivechoices.org.au/drugs-a-z/cannabis/>

HEADSPACE HURSTVILLE

Provides on-site counselling for ages 12-25 years of age for alcohol or other drug concerns, and also have online and phone counselling services. See:

<https://headspace.org.au/headspace-centres/hurstville/>

NSW HEALTH CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

CAMHS provide support and specialist treatment, and work closely with infants, children, young people and their families who find it hard to cope with family life, school or the wider world. We offer assessment, education and treatment services for a range of mental health difficulties.

Ph. 1800 011 511

Young people can also
seek help from a local GP

